

First Nations Gambling Screening Tool

For use by health and community sector professionals



QUESTION ONE

Have you or someone you are close to had an issue with gambling?

Yes

QUESTION TWO

Are the issues current (now or in the last 6 months)?

Yes

No

- Offer information relevant to gambling harms to raise awareness.
- Advise regarding referrals and options for help.
- Ensure client is aware of how to access help if relapse occurs.

QUESTION THREE

Would you like help with these gambling issues?

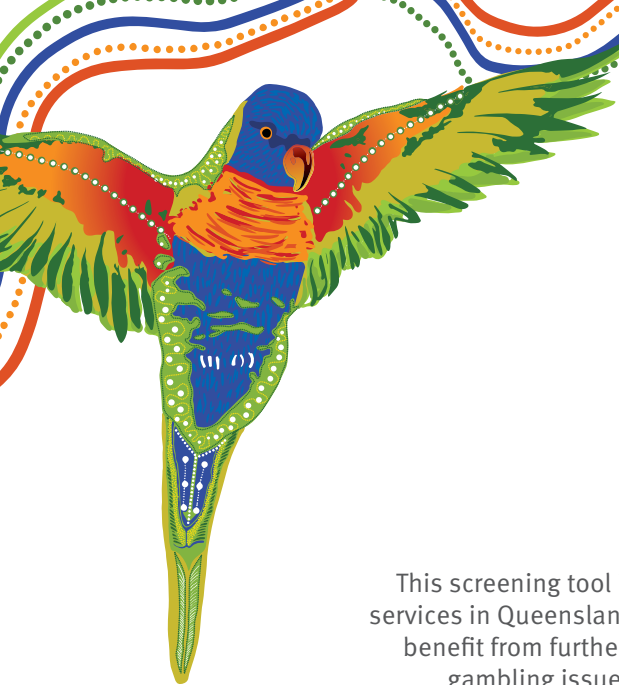
Yes

No

- If an **INDIVIDUAL**, offer further information regarding gambling signs, symptoms and access to help.
- If **FAMILY/FRIENDS**, advise that Gambling Help offers free tailored support for people affected by someone else's gambling, if they decide they would like help in the future.

NEXT STEPS FOR INDIVIDUALS AND FAMILY/FRIENDS

- If they agree to see a gambling support specialist, contact Gambling Help for an appointment.
- If they have financial issues such as credit and debt matters, contact the Gambling Help service.
- You can contact the Gambling Helpline on **1800 858 858** for support and direction **24/7**.
- Provide information, support and resources e.g. services available, active listening etc.
- Explore if further specialised assessment is required e.g. ATOD, financial, mental health worker, GP.
- Refer to relevant local First Nations services or programs in your community.
- All gambling and financial counselling services are free of charge and confidential.



EXPLANATORY NOTES

This screening tool is a resource for primary health care providers and services in Queensland. It will help identify First Nations clients who could benefit from further information, assessment and referrals related to gambling issues in Queensland's First Nations communities.

WHAT IS GAMBLING HARM?

Gambling harm is when a person's gambling results in negative consequences to the individual gambler, and/or his or her family and community.

MAINTAINING CONFIDENTIALITY

Maintain confidentiality while conducting the screening tool assessment, and ensure the client understands that the assessment is confidential.

ADVICE REGARDING OPTIONS FOR HELP

Gambling Help Queensland provides information on a range of counselling service options such as online, telephone and face to face counselling.

Visit www.gamblinghelpqld.org.au

DOCUMENTING THE SCREENING ASSESSMENT

Record the screening process and results in the client file.

WORKSHOPS OR A YARN

If you would like a gambling workshop or community visit from your local Gambling Help service please contact the number above.



This design by Gubbi Gubbi woman Lili Jacobsen captures resilience and community strength. Through vibrant colors and symbolic elements, it reflects the journey of overcoming challenges and finding hope, embodying her deep connection to Country and heritage.