



Black Chicks Talking (BCT)

What is BCT?

[Black Chicks Talking \(BCT\)](#) is an [evidence-informed](#), change-oriented group based program delivered by Youth Justice which aims to reduce reoffending. BCT is a cultural program for young Aboriginal and/or Torres Strait Islander females that has been adapted to support cultural connections to community, and identify and explore cultural histories through storytelling, yarning, and adventure activities.

Is BCT informed by evidence?

BCT is considered an [evidence-informed](#) program.

BCT is informed by [evidence](#) indicating programs addressing cultural engagement or connection can reduce the likelihood of reoffending for Aboriginal and/or Torres Strait Islander peoples.

What are the positive outcomes of BCT?

BCT is a therapeutic program and aims to increase Aboriginal and/or Torres Strait Islander young girls' and/or young women's positive social connections. Modules aim to increase understanding and exploration of cultural identity, history, and impacts, along with enhancing participants' connections with their communities, culture, and land. BCT explores participants' future goals and pathways to who they want to become.

Who can participate in BCT?

BCT is delivered to Aboriginal and/or Torres Strait Islander females, assessed as moderate to very high [risk](#) of offending and are aged between 12 and 18 years.

How is BCT delivered?

BCT is led by Aboriginal and/or Torres Strait Islander women who share their individual stories and experiences and help participants uncover their own [cultural histories](#).

BCT uses activities, traditional storytelling, and intentional [Adventure Based Learning](#). Working with Elders from the young person's community creates cultural connection and helps build links to their extended families while discovering information about their land and personal histories. There are five group sessions which are 1.5 hours in length.

Does BCT have to be delivered in service centres?

No. BCT can be delivered from a range of offsite venues.

Potential sites include National Parks to be On Country, Aboriginal medical services, public areas, or other suitable spaces that provide privacy and limited distractions to aid learning and participation. BCT employs a [place-based approach](#) to delivery through the inclusion of Aboriginal and/or Torres Strait Islander Elders and/or community stakeholders to take an active role in the program.



What do the sessions focus on?

Session & Topic		Learning Aims
1	Who are Aboriginal and/or Torres Strait Islander people?	Historical Timelines: <ul style="list-style-type: none"> Exploring and understanding the historical background for Aboriginal and/or Torres Strait Islander people. Key milestones in our history. Impacts on what this means for Aboriginal and/or Torres Strait Islander peoples today.
2	<i>Black Chicks Talking Stories</i>	Black Chicks Talking Documentary: <ul style="list-style-type: none"> As a group, watch the <i>Black Chicks Talking</i> documentary. Discuss the stories of the women interviewed in relation to themes, culture, adversity, and identity.
3	Our Stories	Past Story Mapping: <ul style="list-style-type: none"> Exploration of participants' and facilitators' families and histories. Identifying linkages and connections to community and culture.
4	Stories of Our Land and Place (Group Paddleboard/Canoe)	Adventure Activity: (generally water-based activity) <ul style="list-style-type: none"> Adventure activity to connect the group to the land and place (historical context). Elders greet and share stories of place (if possible). Create a shared group experience. Overcome an adventure challenge. Develop and test group support of each other.
5	Dreaming Our Future Stories	Future Story Mapping: <ul style="list-style-type: none"> Group discussion and personal timelining. Goal setting (short and long term). Active referral to learning and education programs. Stakeholder engagement and support.

The [BCT program facilitators guide](#) provides all the information required to deliver the program.

Who can deliver BCT?

BCT is delivered by female Aboriginal and/or Torres Strait Islander YJ staff or community representatives.

There is no specific training to deliver BCT however all facilitators are required to orient themselves to the [program material](#) prior to delivery. BCT is a group based program and therefore it is recommended that one facilitator has experience working with groups.

Where to find more information?

For further information about BCT, contact the Youth Justice Service Improvement Support Team YJServiceImprovementSupport@cyjma.qld.gov.au.