

## Leaving Hospital

When your child is ready to leave hospital, you will be given information to make sure you are comfortable with continuing to provide care for them at home. A discharge letter, which lists information about your child's medical care, will also be sent to your General Practitioner (GP).

When you are back home, if you have any non-urgent concerns about your child's health please:

- See your doctor
- Phone 13 HEALTH (13 43 25 84)

In an emergency please phone **000** or go to the nearest emergency department.

If you have any other questions including about check-up appointments in our outpatient clinic, please phone 3810 1111.



## Contact Us

**Phone:** 3810 1111  
**Fax:** 3413 7638  
**Address:** Children's Sunshine Ward  
 (5BCSW)  
 Level 5 Ward Block  
 Ipswich Hospital  
 Chelmsford Avenue  
 IPSWICH Q 4305

## Clean Hands Save Lives

Clean hands help reduce the spread of germs and infection. Whenever you come into or go out of the ward, please use the hand sanitizer you will find at the entry to the ward. Press the button one to three times and rub your hands together for 30 seconds to make sure they are clean.



## Children's Sunshine Ward



Welcome to the Children's Sunshine Ward. This brochure gives you an idea of what we do and how we will take care of you during your stay with us.

## Children's Sunshine Ward

The Children's Sunshine Ward has been proudly caring for the children of West Moreton since 1919.

We are family-focused, meaning we will always work to include your child and you in everything we do.

We know that coming to hospital can be difficult, so we welcome you to stay with your child to make them feel more comfortable. We provide a foldout bed for one parent or carer to stay overnight if you can.

If you have any feedback to help us improve our service or your stay, please let us know.

[Children's Sunshine Ward Team](#)

## Our Team

To help you get to know us, each shift your nurse will visit you to and your child in the bed space to introduce themselves.

There is also a photo board of each team member and their role located at the Nurse's Station.

## Medical Procedures

Medical and diagnostic procedures can be a necessary part of medical care. However, they can be frightening for children and overwhelming for family members.

If your child needs a medical procedure, we will:

- Explain to you and your child what we will do and why we need to do this in a simple way before starting any medical procedure.
- Have "medical playtime" before the procedure to help your child feel more at ease with the medical equipment that will be used.
- Use distraction therapy before, during and after the procedure to minimise your child's anxiety and distress.
- Provide positive reinforcement to your child for their efforts during the procedure so they feel more comfortable if they ever need one again.

There are times when your child may require medication to ensure a procedure can happen in a safe and child friendly manner. We will always speak to the family when this is the case and answer any questions you may have.

As the parent/carer if you are not comfortable with their care at any time during their hospital stay, please tell us.

## Hospital Facilities

- Outdoor play area
- Indoor play area
- Parent toilet and shower
- Breast feeding equipment and signs to place on closed curtains
- Tea, coffee and small snacks for parents
- Café is located on Level 6
- A school teacher visits daily, during school terms offering learning activities to school aged children between the hours of 9am – 3pm.
- For the safety of children, the Children's Sunshine Ward is a locked area. All visitors to the ward are required to identify themselves and the child they wish to visit at the intercom before entering. If you do not want visitors or need to restrict visitors, please notify one of our staff members.

