

# Sexual consent won't kill the mood

Asking for consent may feel daunting, but it doesn't have to be – there's lots of ways to do it

## Positive

- ✓ Feel like...?
- ✓ Do you want to try...?
- ✓ How does this feel for you?
- ✓ How do you feel about...?
- ✓ Do you want to?

## Pressure

- ✗ Just relax
- ✗ Everyone is doing it
- ✗ Come on, let's...
- ✗ We have to...
- ✗ I don't care what you want

Consent is always a yes - you might say it or show it through clear body language.

## Yes

- ✓ Yes!
- ✓ I like that, keep going
- ✓ Leaning in
- ✓ Kissing you back
- ✓ Hugging you closer

## No

- ✗ No.
- ✗ I'm not into this / that
- ✗ I kind of want to stop.  
Can we take a break?
- ✗ They're frozen or rigid /  
Not responding or replying
- ✗ Turning, moving away or  
pushing away

**Words matter.**

**Body language matters.**

**Actions matter.**

Learn more at [www.qld.gov.au/sexualconsentmatters](http://www.qld.gov.au/sexualconsentmatters)



**Queensland  
Government**